



**SAILING INSTRUCTIONS
for the
FRIDAY EVENING RACE SERIES 2018
MARINE TEAM CUPS and GUEST HELM RACES**

1. RULES

- 1.1. Mylor Yacht Club (MYC) racing will be governed by:
 - 1.1.1 The Racing Rules of Sailing (RRS) 2017 – 2020.
 - 1.1.2 The Mylor Yacht Club (MYC) Notice of Race and Sailing Instructions 2018.
 - 1.1.3 Class rules.
- 1.2. The Racing Rules of Sailing are changed as follows:
 - 1.2.1 RRS 26. See paragraph 5.2: VHF use for starting at Race Officers discretion.
 - 1.2.2 RRS 29.1. See paragraph 13: INDIVIDUAL RECALLS.
 - 1.2.3 RRS 29.2. See paragraph 14: GENERAL RECALL PROCEDURE (back of the queue).
 - 1.2.4 RRS 35. See paragraph 16: TIME LIMITS.
 - 1.2.5 RRS 60.1(b). See paragraph 10.3 STARTING LINE.
 - 1.2.6 RRS A4 and A5. See paragraph 20.3: SCORING AND DISCARDS.
 - 1.2.7 RRS A5. See paragraphs 10: STARTING LINE and 18: RETIRING.
 - 1.2.8 RRS A9. See paragraph 20.2: SCORING and DISCARDS

2. NOTICES TO COMPETITORS AND CHANGES TO SAILING INSTRUCTIONS

- 2.1. Notices to competitors will be posted on the official notice board at MYC.
- 2.2. Changes to sailing instructions will be posted before 0900 hrs on the day it will take effect and/or immediately prior to the start of the race by VHF broadcast if necessary, except that any changes to the schedule of races will be posted by 2000 on the day before it takes effect.

3. SIGNALS MADE ASHORE

- 3.1. Signals made ashore will be displayed at the MYC flagpole.

4. SCHEDULE OF RACES

- 4.1. Races will be sailed on the following dates:

Penrose Sailmakers Series	April 13, 20, 27 th . May 4, 11, 18 th .
Mylor Chandlery & Rigging Series	May 25 th . June 1, 8, 15, 22, 29 th .
Falmouth Boat Co Series	July 20, 27 th . August 3, 10, 24, 31 st .
SKB Sails Guest Helm Race	July 6 th .
Marine Team “CUPS” Race and Peter Keeling Memorial	July 13 th .

5. STARTING SEQUENCE AND CLASS FLAGS

- 5.1. The starting sequence and class flags will be:

Time		Flags displayed and removed
1820	Handicap Division 1 (E class) warning signal	E displayed
1825	E class start and Handicap Division 2 (W class) warning signal	E removed; W displayed
1830	W class start & Handicap Division 3 (Q class) warning signal	W removed; Q displayed
1835	Q class start & Shrimper/Gaffer (H class) warning signal	Q removed; H displayed
1840	H class start .	H removed.

- 5.2. At the Race Officers discretion the Starting Sequence may be broadcast on the designated VHF Channel. This may be done without the use of visual signals. In which case times will be taken from the sound signal. This changes RRS 26.

6. ENTRY AND IDENTIFICATION

- 6.1. A boat will be considered to have entered if an online entry has been made (and the entry fee, if applicable, has been received) not less than 48 hours prior to the start of the race they are entering.
- 6.2. Boats should sail in the class indicated on the list on the Club notice board or as advised by the Racing Secretary.
- 6.3. All boats shall fly their class identification flag from their backstay or leech of the mainsail.

7. COURSES AND MARKS

- 7.1. Courses will be selected from the MYC course card.

- 7.2. The course group will be indicated by a numbered board displayed in the fore part of the Committee Boat. Courses within that group will be indicated by International Code numeral flags displayed under class flags.
- 7.3. At the Race Officers discretion Courses will be announced on the Committee Boat VHF radio Channel in addition to 7.2 OR instead of 7.2.
- 7.4. The course card also lists the approximate positions of the marks of the courses. If a mark is not available, flag "M" will be displayed on the committee boat and a yellow buoy showing flag "M" will be laid as an alternative mark in the vicinity of the unavailable mark. Flag "M" may also be displayed from the RIB, when it is used as an alternative mark.
8. AREAS THAT ARE OBSTRUCTIONS
- 8.1. Commercial Shipping. Vessels constrained by their size or draught form moving exclusion zones which competitors are to treat as obstructions. The exclusion zone extends 100m on all sides of the vessel and includes tugs and pilot boats. No competitor is to enter the exclusion zone and if becalmed may use their engines or other means of propulsion in accordance with RRS 42.3(h). Competitors who unnecessarily interfere with commercial shipping bring the sport into disrepute and risk protest by the Sailing Committee under RRS 69. A complaint by the Harbour Authority will automatically initiate a protest hearing.
- 8.2. Divers. Competitors shall not enter a two boat length zone around any of the following: a dive boat flying International Code flag "A", an orange pillar indicating a diver beneath the surface or a diver on the surface. All are to be treated as obstructions.
- 8.3. Harbour Restrictions. After her preparatory signal, no boat shall enter the moorings areas off Mylor, Loe Beach and St Just. The areas are bounded by the outer moorings or boats moored thereon and are designated as continuous obstructions.
9. NAVIGATIONAL INFORMATION
- 9.1. Carlys Rocks. Competitors should be aware of the rocks in the vicinity of Carrick buoy and other shallows presenting a risk of grounding.
- 9.2. Water ski areas. Competitors should be aware of the two water ski areas off the Roseland shore, presenting a risk of close quarter situations with water skiers and their towing boats.
10. STARTING LINE
- 10.1. The starting line will be an imaginary line between the mainmast of the Committee Boat flying an orange flag and the outer distance mark, approximately downwind of the first mark. A buoy or dinghy may be streamed astern from the committee boat.
- 10.2. All starts will be in the direction of the first mark.
- 10.3. All boats must keep clear of the start line until their 5 minute signal. Boats failing to do so may be disqualified. This changes RRS 60.1(b) and A5.
11. GATE
- 11.1. The gate is the same as the starting line.
- 11.2. Boats shall pass through the gate in the direction from the previous mark. Boats shall **NOT** pass through the gate/finish line unless they are on a leg of the course requiring them to do so.
12. FINISHING LINE
- 12.1. The finishing line will be same as the start line/gate; the Committee Boat will display a blue or orange flag. All finishes will be in the direction from the previous mark. Boats that have finished should clear the line as soon as possible and keep clear of boats that are racing (RRS 24.1).
13. INDIVIDUAL RECALLS
- 13.1. RRS 29.1 is changed. The individual signal for a premature start will be flag "X" displayed accompanied by one sound signal. "X" will be displayed until recalled boats have returned to the pre-start side of the line but no later than 4 minutes after the start signal. In addition the Race Officer may inform OCS boats, but not before one minute after the start.
14. GENERAL RECALLS
- 14.1. RRS 29.2 is changed. Flag "First substitute" will be displayed with two sound signals and will be flown until no later than 4 minutes after the starting signal. The warning signal for the new start for the first recalled class will be the starting signal of the last start in the sequence. Subsequent recalled classes will start after the first recalled class, in the order of their original starts. The warning signal for each subsequent recalled class will be the starting signal of the previous recalled class.
15. RESULTS
- 15.1. Results will be calculated using the current MYC list of handicaps.
16. TIME LIMITS
- 16.1. Friday Evening Races (except the race on 31st August). The time limit will be 21.00 hrs, except that when one boat in a class finishes within that time limit there will be an extension to 21.15 hrs for boats in that class.

- 16.2. For the Friday Evening Race on 31st August. The time limit will be 20.30 hrs, except that when one boat in a class finishes within that time limit there will be an extension to 20.45 hrs for boats in that class.
17. SHORTENED COURSE
- 17.1. RRS 32 is changed. The race may be finished at the gate or any mark of the course between that mark and a boat displaying flag “S”. Flag “S” displayed with class flags means that the course is shortened for the classes concerned. If the race is shortened at the gate, flag “S” will be displayed on the Committee Boat.
- 17.2. If the course has not been shortened at the gate and subsequently racing is abandoned or there are no boats finished within the time limit, but where times and positions were recorded at the gate, the Race Officer will declare results based on those times and positions.
18. COMPETITORS RETIRING
- 18.1. Competitors retiring shall promptly hail the committee boat, or call the committee boat on VHF Channel 6 or Channel 77 or call the Race Officer on VHF.
- 18.2. Competitors retiring without adhering to this procedure will be scored “DNC”. This changes RRS A5.
19. PROTESTS
- 19.1. The Race Officer shall be informed verbally of intention to protest promptly after the finish. Written protest forms are available at Mylor YC and shall be handed to the Race Officer or the Sailing Secretary by 2200 hrs on the evening of the race.
20. SCORING & DISCARDS
- 20.1. The low points system of scoring shall apply and MYC handicaps will be used.
- 20.2. A boat that did not come to the starting area shall be scored points for the finishing place three more than the number of boats that came to the starting area. This changes RRS A9.
- 20.3. When a skipper (as named on the Entry Form) or crew undertakes a duty as a race officer or other race committee duty, safety boat coxswain or safety boat crew, or provides the committee boat, then their boat will be given a score equal to their average of their race scores and discarded scores in that series. They will not be counted as starters in that race. “DNC” scores will not be considered in the calculation and no skipper will be eligible for this concession more than once per series. For all skippers, if their boat races without them the boat’s score will count. This changes RRS A4 and A5.
- 20.4. For each series two races will constitute a series.
- 20.5. For Discards please see the NOR.
21. RADIO COMMUNICATIONS AND USE OF VHF
- 21.1. Except in an emergency, boats shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones.
- 21.2. All communications will be by VHF Channel 6 unless the Race Officer decides to use Channel 77, in which case pennant “7” will be displayed beneath the orange starting flag on the Committee Boat. The Race Officer may give out race information, which is to be considered as a guide for competitors, on VHF Channel 6 or Channel 77 at any time up to five minutes before the class start.
22. PRIZES
- 22.1. Results will normally be announced in the club after racing.
- 22.2. Prizes, and trophies as appropriate, will be awarded to boats placed 1st, 2nd and 3rd in each class and be awarded as follows:
- 22.2.1 Penrose Sailmakers Series. After racing in the clubhouse on Friday 18th May.
- 22.2.2 Mylor Chandlery & Rigging Series. After racing in the clubhouse on Friday 29th June.
- 22.2.3 Falmouth Boat Co. Series. After racing in the clubhouse on Friday 31st August.
- 22.3. Prizes for the Marine Team Cup Races will be awarded on Friday 13th July.
- 22.4. Prizes for the Guest Helm Races will be awarded on Friday 6th July.
23. RISK STATEMENT
- 23.1. Competitors are reminded of Rule 4 in the Racing Rules of Sailing 2017 – 2020.
- 23.2. Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the events listed in this Notice of Race, each competitor agrees and acknowledges that:
- 23.2.1 They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat whilst taking part in the event.
- 23.2.2 They are responsible for the safety of themselves, their crew their boat and their other property whether afloat or ashore.
- 23.2.3 They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions.
- 23.2.4 Their boat is in good order, equipped to sail in the event and they are fit to participate.
- 23.2.5 The provision by Mylor YC of a race management team, patrol boats and other officials and volunteers does not relieve them of their own responsibilities.

23.2.6 The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances.

23.2.7 For the offshore races, they are responsible for ensuring that their boat is equipped and seaworthy so as to be able to face extremes of weather; that there is a crew sufficient in number, experience and fitness to withstand such weather; and that the safety equipment is properly maintained, stowed and in date, and is familiar to the crew.

23.3. Each participating boat shall be insured with valid third party liability insurance with a minimum cover of £3,000,000 per event, or the equivalent.

Penrose Sailmakers Friday Evening Races
Series A



Mylor Chandlery & Rigging Friday Evening Races
Series B



Falmouth Boat Co Friday Evening Races
Series C



SKB Sails Guest Helm Races



Marine Team "Cups" and Peter Keeling Memorial Race



Mylor Yacht Club is very grateful for the following sponsorship:

Race prizes: Penrose Sailmakers, Skinners Brewery, Mylor Chandlery & Rigging, BT Marine, SKB Sails, Sailtech, Falmouth Boat Co. and Mylor Yacht Harbour.

Club racing marks: Castaways, Cockwells, Penryn Dental Practice, Mylor Chandlery and Rigging and Mylor Yacht Harbour.

MYLOR YACHT CLUB

COURSES AND COURSE CHARTLETS 2018

1. Courses 1, 2 and 3 in all groups and course 4 in Group7: repeat the course until flag 'S' is displayed at the finish.
2. **MARKS SHOWN WITH A STAR AND IN GREEN (e.g. Pb☆) ARE TO BE LEFT TO STARBOARD; ALL OTHER MARKS ARE TO BE LEFT TO PORT**
3. *Courses in italics* are considered particularly suitable for low tides or other restrictions.
4. For pursuit races, note that the last lap of the course after the gate may be repeated until the target finish time is reached.
5. For all Groups Course 9 is at the Race Officer's Discretion. The course will be COMMUNICATED BY VHF ONLY.

										Total distance	First round				
GROUP 1 NORTH															
1	Jb	Gr	J	GATE repeat							2.25/lap				
2	Jb	V	Wt	GATE repeat							2.75/lap				
3	Me	Gr	Wt	GATE repeat							3.0/lap				
4	Me	Gr	Nb	GATE	Me	Pw	Nb	FINISH			4.5	2.5			
5	Tu	Gr	Nb	GATE	Jb	Gr	Pw	FINISH			5.5	3.25			
6	Tu	Gr	Pw	J	GATE	Jb	Gr	J	FINISH			6.25	3.5		
7	Tu	Ck	Gr	Wt	GATE	Me	Gr	Nb	FINISH			6.5	4.0		
GROUP 2 NORTH WEST															
1	Gr	Pw	J	GATE repeat							2.25/lap				
2	Wx	Gr	Pw	J	GATE repeat							2.5/lap			
3	Me	V	J	GATE repeat							3.25/lap				
4	Ck	Gr	Nb	GATE	Me	Gr	Nb	FINISH			4.4	2.7			
5	Wx	Gr	V	J	GATE	Wx	Gr	Nb	FINISH			5.7	3.5		
6	Re	Gr	J	GATE	Ck	Gr	J	FINISH			6.0	3.2			
7	Ck	Gr	V	GATE	Ck	Gr	V	J	FINISH			6.5	3.3		
8	Re	Gr	Pb☆	CC☆	GATE	Re	Gr	Pb☆	Wt☆	FINISH		7.8	4.8		
GROUP 3 WEST															
1	We	J	Pb	GATE repeat							2.0/lap				
2	We	V	Pb	GATE repeat							2.5/lap				
3	We	V	Wt	Pb	GATE repeat							2.7/lap			
4	We	V	Wt	Pb	GATE	We	Nb	J	Pb	FINISH		5.0	2.75		
5	We	CC	Pb	GATE	We	Nb	Pb	FINISH			5.1	3.5			
6	We	Nb☆	S	V	Pb	GATE	We	Nb☆	S	Wt	Pb	FINISH		5.7	3.0
7	We	J	Tu	Ck	Jb☆	GATE	We	Pw	J	Pb	FINISH		6.2	3.9	
GROUP 4 SOUTH WEST															
1	Pw	J	Jb	GATE repeat							2.0/lap				
2	Pw	Wt	Jb	GATE repeat							2.5/lap				
3	Pw	V	Wt	Jb	GATE repeat							2.75/lap			
4	Pw	J	Me	Gr	Pb☆	GATE	Pw	J	Jb	FINISH		5.3	3.3		
5	S	V	Pb	Jb	GATE	S	V	Jb	FINISH			5.6	3.0		
6	Pw	J	Tu	Ck	Pb☆	GATE	Pw	J	Jb	FINISH		6.0	4.0		
7	S	Pb☆	V	Wt	Jb	GATE	Pw	J	Jb	FINISH		6.0	4.5		
GROUP 5 SOUTH															
1	Pw	Jb	Me	GATE repeat							2.0/lap				
2	Pw	J	Me	GATE repeat							2.25/lap				
3	V	Wt	Me	GATE repeat							3.25/lap				
4	Nb	J	Pb	Me	GATE	Nb	J	Pb	Jb	FINISH		4.75	2.5		
5	V	Wt	Me	GATE	Nb	J	Jb	FINISH			5.25	3.5			
6	CC	Pb	Gr☆	Ck☆	GATE	Pw	Pb	Me	FINISH			7.0	4.3		
7	Nb	J	Pb	Re☆	Tu☆	GATE	Nb	J	Pb	Me	FINISH		8.2	4.6	

GROUP 6 SOUTH EAST														
1	Wt	Jb	We	GATE	repeat					2.1/lap				
2	J	Pb	Gr	GATE	repeat					2.25/lap				
3	J	Pb	Ck	GATE	repeat					2.75/lap				
4	J	Pb	Me	Gr	GATE	J	Me	Gr	FINISH	4.6	2.5			
5	J	Re	GATE	Wt	Pb	Gr	FINISH				5.5	2.9		
6	Wt	J	Ck	GATE	J	Pb	Gr	FINISH			5.5	3.5		
7	Wt	J	Re	Ck	GATE	J	Pb	Gr	FINISH	5.6	3.5			
GROUP 7 EAST														
1	Pb	Jb	We	GATE	repeat					1.5/lap				
2	J ☼	Wt ☼	V ☼	Pw ☼	GATE	repeat					1.75/lap			
3	Pb	Me	We	GATE	repeat					2.0/lap				
4	Pb	Ck	We	GATE	repeat					2.5/lap				
5	Pb	Ck	We	GATE	Pb	Me	We	FINISH			4.5	2.5		
6	Pb	Re	We	GATE	Pb	Me	We	FINISH			4.6	2.8		
7	Pb	Re	We	GATE	Pb	Ck	We	FINISH			5.1	2.3		
8	J ☼	S	V ☼	CC	Wt	Pw ☼	GATE	J ☼	S	CC	Pw ☼	FINISH	5.8	3.0
GROUP 8 NORTH EAST														
1	Jb	Me	Pw	GATE	repeat					2.0/lap				
2	Pb ☼	Wt ☼	V ☼	S ☼	GATE	repeat					2.2 /lap			
3	Jb	Ck	Pw	GATE	repeat					2.5/lap				
4	Jb	Me	Pw	Nb	GATE	Jb	Me	Pw	FINISH	4.5	2.5			
5	Jb	Gr ☼	Tu	Ck	Pw	GATE	Jb	Me	Pw	FINISH	5.75	4.0		
6	Jb	Gr ☼	Tu	Ck	Pw	GATE	Jb	Re	Pw	FINISH	6.5	4.0		
7	Tu	Re	V	GATE	Jb	Ck	Pw	FINISH			6.5	4.0		

MARKS: Ck Carrick), Me (Messack), Pill (Pill) and V (Vilt) are starboard hand lateral marks. J (St Just) and Nb (North Bank) are port hand lateral marks.

Yellow Club / MYH / PoFSA marks and approximate positions (and see chartlet below):

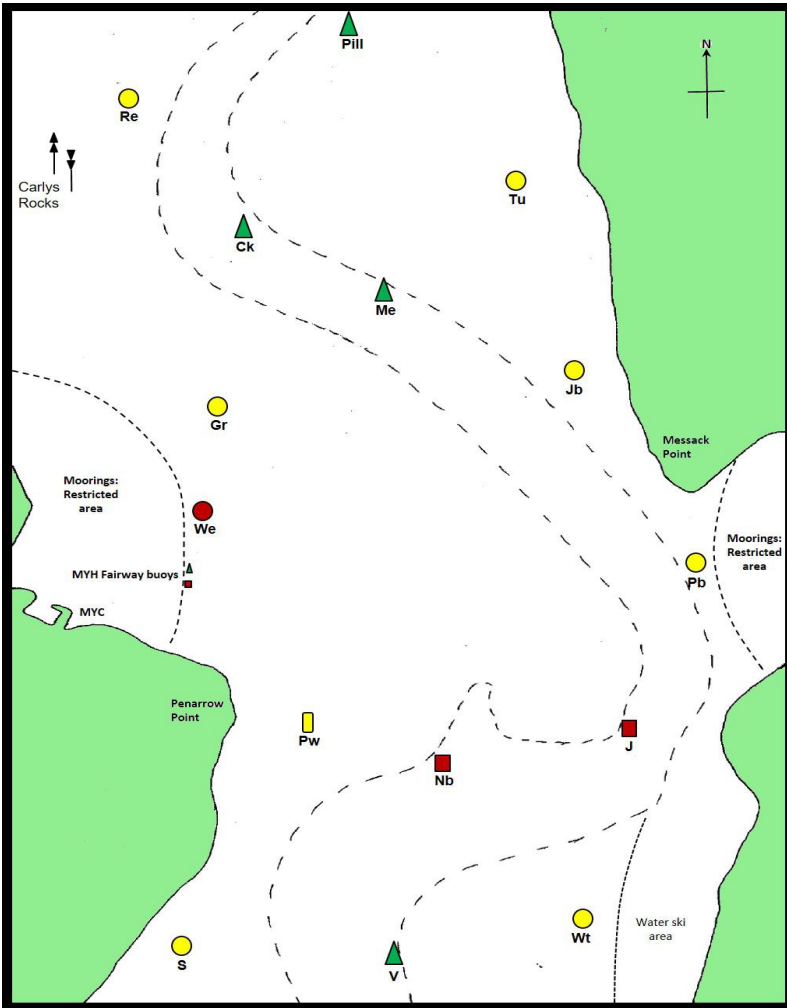
Re	50° 11'.80 N 005° 02'.80 W	Tu	50° 11'.71 N 005° 01'.95 W	S	50° 09'.99 N 005° 02'.67 W
Gr	50° 11'.14 N 005° 02'.65 W	Jb	50° 11'.22 N 005° 01'.95 W	CC	50° 09'.80 N 005° 02'.09 W
Pw	50° 10'.48 N 005° 02'.37 W	Wt	50° 10'.13 N 005° 01'.87 W	Pb	50° 10'.79 N 005° 01'.50 W

Orange club mark laid when required: **We** at approximately 50° 10'.90 N 005° 02'.50 W.

Orange club mark laid when required: **Wx** to windward of start line (Group 2 courses).

Unavailable mark If a mark is not available flag 'M' will be displayed on the committee boat and a yellow inflatable buoy displaying flag 'M' will be laid as an alternative mark, in the vicinity of the position of the unavailable mark.

UPPER HARBOUR CHART



Club Marks are sponsored by:

- Castaways**
- Cockwells**
- Mylor Chandlery and Rigging**
- Mylor Yacht Harbour**
- Penryn Dental Practice**

Prizes are sponsored by:

- BT Marine**
- Falmouth Boat Construction**
- Mylor Chandlery & Rigging**
- Penrose Sailmakers**
- Sailtech**
- SKB Sails**
- Skinners Brewery**

LOWER HARBOUR CHART

