



Mylor Yacht Club



SAILING INSTRUCTIONS for the SKB SAILS TUNING FORK REGATTA

Sunday 29 April 2018
HW Falmouth 1658 BST, 5.0 m

1. RULES

- 1.1. Mylor Yacht Club (MYC) racing will be governed by:
 - 1.1.1. The Racing Rules of Sailing (RRS) 2017 – 2020.
 - 1.1.2. The Mylor Yacht Club (MYC) Notice of Race and Sailing Instructions 2018.
- 1.2. The Racing Rules of Sailing are changed as follows:
 - 1.2.1. RRS 33. See paragraph 7.2.
 - 1.2.2. RRS 35. See paragraphs 10 and 15.
 - 1.2.3. RRS 44.1. The two turns penalty will be replaced by the one turn penalty.
 - 1.2.4. RRS 60.1(b). See paragraphs 10 and 14.
 - 1.2.5. RRS A4.1. See paragraph 10.
 - 1.2.6. RRS A5. See paragraphs 13 and 15.

2. NOTICES TO COMPETITORS AND CHANGES TO SAILING INSTRUCTIONS

- 2.1. Notices to competitors will be posted on the official notice board at MYC.
- 2.2. Changes to the sailing instructions will be posted before 0900 hrs on the day it will take effect, except that any changes to the schedule of races will be posted by 2000 on the day before it takes effect.
- 2.3. Oral changes to the sailing instructions may be given on the water. The Race Committee Signal Boat shall display code flag "L" and announce the change on the Race Committee VHF Channel in accordance with rule 90.2(c). Competitors may also approach the signal boat and verbally receive the change while code flag "L" is displayed.

3. SIGNALS MADE ASHORE

Signals made ashore will be displayed at the MYC flagpole.

4. SCHEDULE OF RACES

- 4.1. Four races will be sailed in Falmouth Bay except that, in inclement weather, races may be sailed in the Carrick Roads.
- 4.2. The warning signal for the first race will be at 1125 hrs.
- 4.3. Subsequent races will be sailed as soon as possible.
- 4.4. Unless retiring, competitors are not to leave the race area until the signal boat displays "AP over A".
- 4.5. The target time for the first boat to finish will be 45 minutes.

5. CLASSES

There will be one class, class Q. Boats are to display their normal MYC race class flag.

6. COURSES

- 6.1. See the indicative diagram at Appendix 1 for the approximate positions of racing marks. All marks shall be rounded to port.
- 6.2. The course will be indicated by International Code numeral flags displayed under the class flag.
- 6.3. The table of courses is below:

Course	Order of mark roundings
1	Start – W – finish
2	Start – W – L – W – finish
3	Start – W – L – W – wing – L – W – finish
4	Start – W – wing – L – W – finish
5	Start – W – L – W – wing – finish

7. MARKS

7.1. All marks shall be passed to port; see the indicative diagram at Appendix 1.

7.1.1. W and L will be RED buoys.

7.1.2. The wing mark will be a YELLOW pillar buoy

7.1.3. The outer distance mark will be a YELLOW pillar buoy..

7.2. To change the next leg of the course the race committee may either move the original mark or lay a new mark of similar appearance and remove the original mark as soon as practicable. Course change signalling will only be made when the course change is more than 10 degrees or more than 200m distance. This changes RRS 33.

8. AREAS THAT ARE OBSTRUCTIONS

8.1. Harbour Restrictions. After her preparatory signal, no boat shall enter the moorings areas off Mylor, Loe Beach and St Just. The areas are bounded by the outer moorings or boats moored thereon and are designated as continuous obstructions.

8.2. Commercial Shipping. Competitors shall comply with the requirements detailed in the Notice of Race which includes the use of RRS 43.3h.

8.3. Divers. Competitors shall not enter a two boat length zone around any of the following: a dive boat flying International Code flag "A", an orange pillar indicating a diver beneath the surface or a diver on the surface. All are to be treated as obstructions.

9. NAVIGATIONAL INFORMATION

Black Rock. Competitors should be aware of the rocks in the vicinity of Black Rock and other shallows presenting a risk of grounding.

10. THE START

10.1. The starting line will be an imaginary line between the mainmast of the Committee Boat flying an orange flag and the outer distance mark. All starts will be in the direction of the first mark.

10.2. The countdown to each starting signal may be broadcast on VHF channels 6 or 77. Failure to hear or receive VHF broadcasts shall not be grounds for redress. This changes RRS 60.1(b).

10.3. A boat starting later than 5 minutes after her starting signal will be scored DNS. This changes RRS 35 and A4.1.

10.4. A buoy or dinghy may be streamed astern from the committee boat.

11. THE FINISH

The finish line will be an imaginary line between the mainmast of the Committee Boat flying an orange flag and the starting line outer distance mark.

12. SAFETY

12.1. Competitors are reminded of the Rules and Conditions of Entry in the Notice of Race, in particular:

12.1.1. Communication for the purpose of safety and race management will be by VHF Channels 6 or 77. See the Notice of Race for information on the choice of the working channel.

12.1.2. Competitors are advised to monitor VHF Channels 16 and 6 or 77 whilst racing but should only transmit urgent safety information by VHF.

13. RETIRING

Competitors shall promptly hail the committee boat, or call the committee boat on VHF Channel 6 or Channel 77. Competitors retiring without adhering to this procedure shall be scored DNC. This changes RRS A5.

14. USE OF VHF

14.1. All communications will be by VHF Channel 6 unless the Race Officer decides to use Channel 77, in which case pennant "7" will be displayed beneath the orange starting flag on the Committee Boat.

14.2. The Race Officer may give out race information, which is to be considered as a guide for competitors, on VHF Channel 6 or Channel 77 at any time up to five minutes before the class start. Failure to hear or receive VHF broadcasts shall not be grounds for redress. This changes RRS 60.1(b).

15. TIME LIMIT

For all races, the time limit is 60 mins after the start. Boats failing to finish within 15 minutes after the first boat in the class sails the course and finishes shall be scored DNF. This changes RRS 35 and A5.

16. SCORING

16.1. Corrected times will be calculated using the current MYC handicap list.

16.2. Three races are required to be completed to constitute a series.

17. RESULTS

Results will be posted on the MYC notice board as soon as possible after racing.

18. PROTESTS

In addition to the correct protest procedure during a race, the Race Officer shall be informed verbally of intention to protest promptly after the finish of that race. Written protest forms are available at the Club and shall be lodged with the Race Officer by 17.00 hrs on the evening of the regatta.

19. RISK STATEMENT

19.1. Competitors are reminded of Rule 4 in the Racing Rules of Sailing 2017 – 2020.

19.2. Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the events listed in this Notice of Race, each competitor agrees and acknowledges that:

19.2.1. They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat whilst taking part in the event.

19.2.2. They are responsible for the safety of themselves, their crew their boat and their other property whether afloat or ashore.

19.2.3. They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions.

19.2.4. Their boat is in good order, equipped to sail in the event and they are fit to participate.

19.2.5. The provision by Mylor YC of a race management team, patrol boats and other officials and volunteers does not relieve them of their own responsibilities.

19.2.6. The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances.

19.2.7. For the offshore races, they are responsible for ensuring that their boat is equipped and seaworthy so as to be able to face extremes of weather; that there is a crew sufficient in number, experience and fitness to withstand such weather; and that the safety equipment is properly maintained, stowed and in date, and is familiar to the crew.

19.3. Each participating boat shall be insured with valid third party liability insurance with a minimum cover of £3,000,000 per event, or the equivalent.

APPENDIX 1

DIAGRAM SHOWING THE ARRANGEMENT OF MARKS

The diagram below indicates the arrangement of marks for all races.

