



SAILING INSTRUCTIONS
for
PURSUIT RACES
meeting Coronavirus (COVID-19) guidance

1. RULES

- 1.1. Mylor Yacht Club (MYC) racing will be governed by:
1.1.1 The Racing Rules of Sailing (RRS) 2017 - 2020.

2. NOTICES TO COMPETITORS AND CHANGES TO SAILING INSTRUCTIONS

- 2.1. Notices to competitors will be posted on the MYC Website.

3. SIGNALS MADE ASHORE

- 3.1. There will be no flag signals made from ashore. All signals will be communicated by the Race Officer on VHF Channel 6.

4. RACING WHILST OBSERVING GOVERNMENT CORONAVISUS (COVID-19) GUIDANCE

- 4.1. There will be an initial race in a potential series of races to explore the feasibility of racing whilst also observing current Government Coronavirus (COVID-19) guidance.
4.2. Skippers are responsible for managing their own COVID risk and that of any crew if not sailing single-handed. Crew from the same household can be of unlimited number. A maximum crew of 2 may be used if not from the same household but Social Distancing of 2 metres must be maintained.
4.3. It follows that Social Distancing must also be maintained between competing boats and extra caution should be taken when boats are potentially on a collision course.
4.4. Skippers will be responsible for the transport of any crew onto and off their vessel, again observing Social Distancing rules with any person not from the same household.

5. SCHEDULE OF RACES

- 5.1. Races will be sailed on the following dates:

Table with 3 columns: Race, Date, Tide BST. Rows include P1 to P6 with specific dates and tide times.

6. STARTING SEQUENCE

- 6.1. No starting signals will be given other than time signals at 1045 and 1050 to synchronise watches with the Race Officer.
6.2. Start times are based on the latest club 2020 handicap number for each boat which will be posted on the MYC website. Start times will be monitored by the Race Officer. Skippers are responsible for synchronising their own start time.
6.3. The Race Officer will alert any boat deemed to be over the line at their start time immediately on the race communications VHF Channel 6. That boat will be required to dip back over the start line in order to continue the race .

7. ENTRY AND IDENTIFICATION

- 7.1. A boat will only count as a starter if a completed online entry has been made (and, if applicable, the entry fee has been paid) and also obtained a 2020 MYC Handicap by submitting a 2020 YTC Application at least 48 hours prior to the start of the race they are entering.
- 7.2. **Boats shall use upwind sails only** - spinnakers and other downwind sails are prohibited. Competitors are reminded of RRS 50 and 54.
- 7.3. All boats shall fly their class identification flag from their backstay or leech of the mainsail.

8. COURSES AND MARKS

- 8.1. Courses will be selected from marks appearing on the MYC course card.
- 8.2. All races will be Course 9 – Race Officer’s Discretion - communicated by radio on Channel 6.
- 8.3. The course card lists the approximate positions of the marks of the courses. Further information regarding their location may be obtained by radio on from the Race Officer.

9. AREAS THAT ARE OBSTRUCTIONS

- 9.1. Commercial Shipping. Vessels constrained by their size or draught form moving exclusion zones which competitors are to treat as obstructions. The exclusion zone extends 100m on all sides of the vessel and includes tugs and pilot boats. No competitor is to enter the exclusion zone and if becalmed may use their engines or other means of propulsion in accordance with RRS 42.3(h). Competitors who unnecessarily interfere with commercial shipping bring the sport into disrepute and risk protest by the Sailing Committee under RRS 69. A complaint by the Harbour Authority will automatically initiate a protest hearing.
- 9.2. Divers. Competitors shall not enter a two boat length zone around any of the following: a dive boat flying International Code flag “A”, an orange pillar indicating a diver beneath the surface or a diver on the surface. All are to be treated as obstructions.
- 9.3. Harbour Restrictions. No boat when racing shall enter the moorings areas off Mylor, Loe Beach and St Just. The areas are bounded by the outer moorings or boats moored thereon and are designated as continuous obstructions.

10. NAVIGATIONAL INFORMATION

- 10.1. Carlys Rocks. Competitors should be aware of the rocks in the vicinity of Carrick buoy and other shallows presenting a risk of grounding.
- 10.2. Water ski areas. Competitors should be aware of the two water ski areas off the Roseland shore, presenting a risk of close quarter situations with water skiers and their towing boats.

11. STARTING LINE

- 11.1. The starting line will be an imaginary transit between the obelisk on the shoreline below Penarrow Point marking the boundary between Falmouth and Truro Harbour Authorities, and the yellow Mylor Yacht Harbour Buoy (Pw) located at approximately 50° 10’.48 N 005° 02’.37 W.
- 11.2. The Race Officer will stand in front of the obelisk and participating boats must cross this imaginary transit line inside, but close to the Mylor Yacht Harbour (Pw) Buoy.
- 11.3. All starts will be in the direction of the first mark.
- 11.4. All boats must keep clear of the start line until 5 minutes before their start time. Boats failing to do so may be disqualified. This changes RRS A5 and 60.1(b).

12. GATE (If Used)

- 12.1. The gate is the same as the start line.
- 12.2. Boats must pass through the gate in the direction from the previous mark.
- 12.3. Boats must not pass through the gate/finish line unless they are on a leg of the course requiring them to do so.

13. FINISHING LINE

- 13.1. The finish line will be the same as the start line or between a mark of the course and a boat displaying flag “S”.
- 13.2. All finishes will be in the direction from the previous mark.

13.3. Boats that have finished should clear the line as soon as possible and keep clear of boats that are racing (RRS 22.1).

14. SHORTENED COURSE

14.1. See finishing line above.

15. RACE COMMUNICATIONS

15.1. All communications will be by VHF Channel 6. The Race Officer will give out race information on VHF Channel 6 at any time up to five minutes before the start.

16. COMPETITORS RETIRING

16.1. Competitors shall promptly call the Race Officer on VHF Channel 6.

16.2. Competitors retiring without adhering to this procedure will be scored as if they were "DNC". This changes RRS A5.

17. LENGTH OF RACE, TARGET FINISH TIME, AND TIME LIMIT

17.1. The length of race will be 90 minutes for the median yacht type in the fleet. The target finish time will be 1245. The time limit will be 1315.

18. SCORING

18.1. The low points system of scoring shall apply.

18.2. For the series, two races are required to constitute a series.

18.3. A boat that did not come to the starting area shall be scored points for the finishing place three more than the number of boats that came to the starting area. This changes RRS A9.

18.4. When a skipper (as named on the Entry Form) or crew undertakes a race committee duty, safety boat coxswain or safety boat crew, or provides the committee boat, then their boat will be given a score equal to their average of their race scores and discarded scores in that series. They will not be counted as starters in that race. "DNC" scores will not be considered in the calculation and no skipper will be eligible for this concession more than once per series. For all skippers, if their boat races without them the boat's score will count. This changes RRS A4 and A5.

18.5. DISCARDS – one discard can be applied in the Series.

19. RESULTS

19.1. Results will be posted on the MYC website as soon as practicable after racing.

20. PROTESTS

20.1. The protest rules will be suspended for the purposes of this feasibility study. Where possible, any dispute should be resolved immediately by one 360° Penalty Turn.

21. RISK STATEMENT

21.1. Competitors are reminded of Rule 4 in the Racing Rules of Sailing 2017 – 2020.

21.2. Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part, each competitor agrees and acknowledges that:

21.2.1 They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat whilst taking part in the event, particularly at this time when all need to observe the current COVID-19 guidance.

21.2.2 They are responsible for the safety of themselves, their crew their boat and their other property whether afloat or ashore.

21.2.3 They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions.

21.2.4 Their boat is in good order, equipped to sail in the event and they are fit to participate.

21.2.5 The provision by MYC of a very limited, shore based race management team, patrol boats and other officials and volunteers does not relieve them of their own responsibilities.

21.2.6 The provision of any patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances.

21.3. Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of £3,000,000 per event, or the equivalent.