

## Re -Opening of MYC

The House Committee are very keen to ensure that the clubhouse and facilities are available to members at the earliest reasonable opportunity, and are adopting the following limitations and procedures to enable us to do so.

We will at all times adhere to both the RYA and Government guidelines, ensuring that the welfare of our members and staff are at the forefront of all actions or decisions that are taken.

We would take this opportunity to remind you of the main symptoms of Covid 19. It is a very odd virus, in some people it can produce a fatal illness, usually due to respiratory failure, frequently with failure of other major organs & clotting disorders. In other people it produces a flu like illness & in some people virtually no symptoms.

The most common symptoms are:

- fever.
- dry cough.
- tiredness.

Less common symptoms:

- aches and pains.
- sore throat.
- diarrhoea.
- conjunctivitis.
- headache.
- loss of taste or smell.
- a rash on skin, or discolouration of fingers or toes.

Serious symptoms:

- difficulty breathing or shortness of breath.
- chest pain or pressure.
- loss of speech or movement.

**Please note in event that you have any of these symptoms do not consider visiting the clubhouse.**

In order to minimise any risk to members we have decided that the club will adopt the following limitations until such time as the House Committee are confident that changes can be made.

- Members only, no guests or visiting yachtsmen.
- The galley will remain closed until further notice.
- It has been identified that dogs are potential carrier of the virus on their coats, therefore dogs will not be permitted in the short term.
- Safe and controlled access to toilet facilities.

## CLUBHOUSE

To ensure an effective opportunity for social distancing, the clubhouse will have one entrance and one exit, creating a one-way flow wherever possible the entrance will be via the external stairs to the balcony and exit through the main front door utilising the green button.

A member who requires to use the lift will be an exception and it is recommended that the person contact the club to ensure someone is able to assist with front door.

Tables and chairs will be pre-set to keep to the recommended distancing rule at the time and floors will be marked to provide safe movement in both the clubhouse and the balcony.

Continuous cleaning of tables chairs and surfaces will be undertaken, as and when people leave tables and surfaces are vacated.

## BAR

The bar will function in a limited manner as follows;

The bar counter will be fitted with a Perspex safety screen for orders and payments, a separate area for drink collection will be identified.

No draught drinks will be available, bottled beers and lagers only.

**Wines sold by the bottle or mini bottle only, members will be asked to take home any bottle if not consumed.**

Soft drinks and any spirits will be served either in separate bottles or cans.

All drinking vessels will be re-cyclable plastic provided by the club, or a member may opt to provide their own glasses.

Crisps and nuts will be available.

A menu of all drinks and snacks available will be provided with current pricing.

Bar staff/Volunteers will adhere to the recommended PPE guidelines at all times. Training will be provided for volunteers.

**No cash transactions will be accepted and payment can only be made using credit /debit card, preferably contactless.**

## FOOD

The galley will remain closed and access to any club cutlery or condiments will not be allowed.

The coffee machine will be not be available for members use until further notice.

Both Castaways and the Café Mylor are now providing a takeaway service for food and hot drinks, which may be consumed on the club premises.

Members must use their own crockery, cutlery and remove all remains when leaving (black rubbish bags will be available at the club)

## TOILETS

This area is considered to be the most difficult to control and to ensure the best level of hygiene and safety we must insist on these very specific controls.

- Only one person at a time to be in the toilet area.  
Locking, Engaged/Vacant signs will be on all three doors.
- Only flush the toilet when the lid is down.
- The air driers will be disconnected and each facility will have an automatic paper towel dispenser fitted.
- We must stress the importance of proper hand washing at all times.
- **After leaving the toilet area you are requested to use the hand sanitizer provided, on the table outside the toilet main entrance.**

**Hand sanitisers will also be available in all key areas of the clubhouse and balcony**

**May we remind you that the people most at risk from severe CV19 are:**

- The elderly due to lowered immunity
- People who have had treatment for cancers which has impaired their immune systems
- People on drugs that impair their immune systems used for diseases such as rheumatoid arthritis or inflammatory bowel disease.
- Diabetics
- Severe asthmatics
- Obese individuals
- People with hypertension

- Individuals from the BAME population

Whilst we have made every effort and utilised as much professional expertise as we can in putting these guidelines together, we should all remember that we as individuals have the overriding responsibility for both our own and others health and safety wherever we are.

Flag Officers