

# Mylor Yacht Club



## SAILING INSTRUCTIONS for the SAILTECH FIVE CREEKS RACE

**Sunday 19 SEPTEMBER 2021**  
LW 11.43 BST 0.87m

### 1. RULES

1.1. Mylor Yacht Club (MYC) racing will be governed by:

1.1.1 The Racing Rules of Sailing (RRS) 2021 – 2024 save where noted below.

1.2. RRS 44.1 is changed. The two turns penalty will be replaced by the one turn penalty.

1.3. RRS 62.1(a) is changed. Failure to hear or receive a VHF broadcast shall not be grounds for Redress.

### 2. NOTICES TO COMPETITORS AND CHANGES TO SAILING INSTRUCTIONS

2.1. Notices to competitors will be posted on the MYC website.

2.2. Changes to sailing instructions will be posted before 2000 on the day before it takes effect.

### 3. SIGNALS MADE ASHORE

3.1. There will be no signals made ashore. All signals will be communicated by the Race Officer on VHF Channel 6.

3.2. The Race Officer may be located on the Safety RIB, or on a participating boat.

### 4. ENTRY AND IDENTIFICATION

4.1. A boat will be considered to have entered if an online entry form has been completed (and the entry fee, if applicable, has been received) not less than 48 hours prior to the start of the race they are entering.

4.2. As boats enter the starting area they should contact the Race Officer on Channel 6 to provide their boat name, sail number, YTC number, and confirm their intention to race.

4.3. Boats may use spinnakers but must declare the appropriate YTC number

### 5. SCHEDULE OF RACE AND CLASSES

5.1. There will be one class for this race, but to avoid congestion on the start line, the fleet will be split into 3 sections – Shrimpers and Slow Handicap with a YTC of 1151 or above; Medium Handicap with YTC numbers between 1000 and 1150; and Fast Handicap with YTC numbers of 999 and below.

5.2. Shrimpers and Slow Handicap boats will start first.

YTC	Section	Warning Signal	Start Time
1151 +	Shrimper/Slow Handicap	1035	1040
1000- 1150	Medium Handicap	1045	1050
999 and below	Fast Handicap	1055	1100

## 6. RACE AREA

6.1. The race area will be the Carrick Roads, from Black Rock to Turnaware.

## 7. COURSE

7.1. Competitors are to start in a windward direction and then are to round the following marks in any order, before proceeding to the finish:

- 7.1.1 SKB Sails, (Cn) Carricknath
- 7.1.2 Penrose Sailmakers, (T) Trefusis
- 7.1.3 St Just channel buoy, (J) St Just
- 7.1.4 Pill channel buoy, (Pill)
- 7.1.5 MYC Restronguet Buoy, (Re) Restronguet.

7.2. Marks may be rounded in either direction but must be passed on the side furthest from the North Bank port lateral mark. Competitors should be aware that this may give rise to mark rounding situations where boats meet in opposite directions. In such situations the Racing Rules of Sailing will apply.

## 8. MARKS OF THE COURSE

8.1. The marks of the course are:

- 8.1.1 MYH (Pw) A yellow spherical mark at approximately 50°10'.48N 005° 02'.37W –start and finish.
- 8.1.2 SKB Sails, (Cn). A yellow spherical POFSA mark, at approximately 50°08.73'N 005°01.22'W.
- 8.1.3 Penrose Sailmakers, (T). A yellow conical with X topmark, at approximately 50°09'.7N 005°03'.0W.
- 8.1.4 St Just, (J). A port lateral mark, at approximately 50°10'.44N 005°01'.72W.
- 8.1.5 Pill, (Pill). A starboard lateral mark, at approximately 50°12'.1N 005°02'.46W.
- 8.1.6 MYC Restronguet Buoy, (Re). A yellow spherical buoy, at approximately 50°11'.80N 005°02'.80W

## 9. AREAS THAT ARE OBSTRUCTIONS

- 9.1. Commercial Shipping. Competitors must comply with the requirements detailed in the Notice of Race, which includes the use of RRS 43.3h.
- 9.2. Divers. Competitors shall not enter a two boat length zone around any of the following: a dive boat flying International Code flag "A", an orange pillar indicating a diver beneath the surface or a diver on the surface. All are to be treated as obstructions.
- 9.3. Harbour Restrictions. After the preparatory signal, no boat shall enter the moorings areas off Mylor, Loe Beach and St Just. The areas are bounded by the outer moorings or boats moored thereon and are designated as continuous obstructions.

## 10. NAVIGATIONAL INFORMATION

- 10.1. Carlys Rocks. Competitors should be aware of the rocks in the vicinity of Carrick buoy and other shallows presenting a risk of grounding.
- 10.2. Lugo Rock. Competitors shall pass to the south of St Mawes Cardinal Buoy ( Lugo rock buoy).
- 10.3. Water ski areas. Competitors should be aware of the two water ski areas off the Roseland shore, presenting a risk of close quarter situations with water skiers and their towing boats. Water ski Towing Boats have right of way over sailing boats in these areas.

## 11. STARTING LINE

- 11.1. The start line will be an imaginary transit between the obelisk on the shoreline below Penarrow Point marking the boundary between Falmouth and Truro Harbour Authorities, and the yellow Mylor Yacht Harbour Buoy (Pw) located at approximately 50° 10'.48 N 005° 02'.37 W.
- 11.2. Participating boats must cross this imaginary transit line in a windward direction before self-selecting the first mark of their chosen course. Para 7.2 above refers.
- 11.3. All boats must keep clear of the start line until 5 minutes before their start time. Boats must also keep clear of the Safety RIB that will be positioned beyond the transit during the

starting sequence. Boats failing to do so may be disqualified. This changes RRS A5 and 60.1(b).

## 12. FINISHING LINE

- 12.1. The finishing line will be the same as the Start Line – the imaginary line from Penarrow (Pw) race mark (50°10'.48 N 005°02'.37 W) to the obelisk on the western shore.
- 12.2. Boats finishing may cross this line from any direction as seen from their normal helming position and shall record their own finish time (GPS TIME) as they cross the transit. This time should then be texted to mobile number 07786 458450 as soon as practicable after finishing providing the order in which the marks were taken and the names of boats finishing immediately ahead or behind them.
- 12.3. Boats that have finished should clear the line as soon as possible and keep clear of boats that are racing (RRS 22.1).

## 13. RESULTS

- 13.1. Results will be calculated using the YTC numbers and elapsed time declared by competitors and displayed on the MYC website and notice board as soon as practicable after racing.
- 13.2. Prizes will be awarded at a future date.

## 14. RISK STATEMENT

- 14.1. Competitors are reminded of Rule 4 in the Racing Rules of Sailing 2021-2024.
- 14.2. Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the events listed in this Notice of Race, each competitor agrees and acknowledges that:
  - 14.2.1 They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat whilst taking part in the event, particularly at this time when all need to observe any current COVID-19 guidance.
  - 14.2.2 They are responsible for the safety of themselves, their crew their boat and their other property whether afloat or ashore.
  - 14.2.3 They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions.
  - 14.2.4 Their boat is in good order, equipped to sail in the event and they are fit to participate.
  - 14.2.5 The provision by Mylor YC of a race management team, patrol boats and other officials and volunteers does not relieve them of their own responsibilities.
  - 14.2.6 The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances.

## 15. INSURANCE

- 15.1. Each participating boat shall be insured with valid third party liability insurance with a minimum cover of £3,000,000 per event, or the equivalent.